



ATASCADERO UNIFIED SCHOOL DISTRICT
ATHLETE PROTOCOLS RELATED TO THE COVID-19 PANDEMIC
2020-21 ATHLETICS

I, _____ (Printed Name of Student) agree to abide by the following practice protocols, which I have reviewed prior to engaging in the Atascadero Unified School District Athletics for the 2020-21 School Year.

- 1) I understand sessions are optional and I assume the risk for participating in them. I understand I will not be penalized for not participating.
- 2) I will maintain a minimum of 6 feet of physical distancing from students and coaches at all times.
- 3) I understand and will ensure that equipment is used by a single athlete per session unless otherwise instructed by the coach and no equipment may be shared without expressed permission (e.g. balls, weights, sleds, etc.). I recognize that I need to bring my own water bottle as shared water bottles are not allowed.
- 4) I will arrive dressed for activities and understand locker rooms will not be available. I recognize that I am encouraged to shower at home before and after sessions and to wash workout clothes immediately.
- 5) I understand that if I experience any COVID-19 related symptoms, I will not attend. This includes fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headaches, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, etc. I understand that if I exhibit these symptoms, or pretend to exhibit these symptoms, I will be sent home.
- 6) I understand that only athletes, coaches and other authorized participants will be allowed to attend sessions. I will not invite parents or other individuals to attend and/or watch sessions.
- 7) I acknowledge that these expectations may change based on the Atascadero Unified School district, State and County health guidelines and related requirements. I agree to adhere to these expectations as they may be modified.

Signature _____ Date _____

